



# Weekly Roundup

...Reporting the state and national long term care news

Please disseminate relevant information to the appropriate department.

- Administration     Nursing     Dietary     Activities     Social Services  
 Rehabilitation     Housekeeping     Maintenance     Laundry

Friday, June 6, 2013

## ANHA NEWS

### **“Fall Prevention, Using Root Cause Analysis to Eliminate Alarms and Restraints” Educational Seminar June 25 – Sponsored by Robinson-Adams Insurance/Alliance for Long Term Care Quality Improvement**

Join ANHA as we present a full-day seminar for long-term care providers on fall prevention, using a root cause analysis approach. Participants will be introduced to The Empira Fall Prevention Program which is a combination of nationally- recognized evidence-based, fall prevention practices and practical applications from the most recent research findings. Empira’s program advocates for a restraint-free, alarm-free, correct bed heights and no-floor mats environment, indicating many common past best practices are no longer considered a best practice. This in-depth seminar will cover the implementation of a comprehensive fall prevention and reduction program. The seminar will be held on June 25 at the Wynfrey Hotel located in Birmingham, Alabama from 8:30 am to 4:00 pm. This program has been approved for 6 hours of continuing education credits by the Alabama Board of Examiners for Nursing Home and the Alabama Board of Social Work Examiners. It has also been approved for 7.2 contact hours of continuing education for nurses. The Alabama Nursing Home Association is an approved provider by the Alabama Board of Nursing (ABNP0151- expires 3/12/2017). *Please see the attached flyer for more details.*

### **“Stop Workplace Drama” Educational Seminar June 26 – Sponsored by Healthcare Services Group**

Whether it’s the backstabbing, power struggles, dealing with the queen bee, or the “untouchable” employee, or even just navigating through change, drama manifests itself in many ways especially in high emotional environments such as healthcare facilities, long term care operations and nursing homes. You KNOW it goes on in your practice – gossip, poor coordination of the team, disruptive or disruptive employee behavior – and you KNOW it is a huge distraction away from good patient care, efficiencies and business objectives. In this highly participative program, attendees have opportunities to ask questions, share wisdom and get the tools needed to identify and workplace drama.

Our speaker has provided the following videos lessons from her You Tube Channel. This series is called “Stepping into a New Truth.”

- Lesson 1: <http://youtu.be/kvNLra-936k>
- Lesson 2: <http://youtu.be/7swPOgmAClg>
- Lesson 3: <http://youtu.be/R4SFiqGv2ns>

The seminar will be held on June 26 at the Wynfrey Hotel located in Birmingham, Alabama from 9:00 am to 3:00 pm. This program has been approved for 4.5 hours of continuing education credits by the Alabama Board of Examiners for Nursing Home and the Alabama Board of Social Work Examiners. It has also been approved for 5.4 contact hours of continuing education for nurses. The Alabama Nursing Home Association is an approved provider by the Alabama Board of Nursing (ABNP0151- expires 3/12/2017). *Please see the attached flyer for more details.*

## **Registration Open: 2013 ANHA Owners' Meeting & Educational Symposium August 8-10**

*Sponsored by:*

American Medical Technologies  
Associated LTC Insurance Company  
Felder Services  
Gericare Medical Supply  
Healthcare Services Group, Inc.

AJG/Robinson-Adams Insurance  
Senior Care Pharmacy  
Sherlock, Smith & Adams  
Starnes Davis Florie, LLP

Join ANHA for the 2013 Owners' Meeting and Educational Symposium. The event will be held August 8-10 at the Inn on Biltmore Estate in Asheville, North Carolina. The annual owners' meeting and breakfast will be held on August 10.

Overnight group rates have been negotiated with the hotel for this meeting at a rate of **\$249** per night. To make overnight reservations, please contact the hotel at 866-779-6277 and identify yourself as being part of the Alabama Nursing Home Association. **The Inn on Biltmore Estate must receive your reservations by June 22, 2013 in order to receive the special group rate.**

This entire event has been approved for a total of four (4) hours of continuing education credit for nursing home administrators. *Please see the attached flyer for more details.*

## **NATIONAL NEWS**

### **Celebrate National Nursing Assistants Week June 13-20**

Have you made your plans to celebrate your nursing assistants? June 13 marks the 36<sup>th</sup> annual National Career Nursing Assistants Day. It kicks off the week-long celebration of caregivers. We encourage you to take the opportunity to honor and thank your nursing assistants.

### **Discharge Assessments and the Use of Dashes Video**

"Discharge Assessments and the Use of Dashes" video will soon be activated on the Department of Health and Human Services (HHS) YouTube site; Access to this video will be made available on the MDS 3.0 Training page in the Related Links section or at:

<http://youtu.be/Qkn22jv2HSY>. (Please note once the 'What's New' notice is posted, that there potentially can be a lag time in viewing materials subsequent to the posting request, so if not viewable check back in 24 hours). Discharge Assessments and the Use of Dashes are addressed in our new MDS 3.0 Provider Update Training Series. This training series is the first web-based training offered in 2013 to providers addressing post-acute care topics. The video covers MDS 3.0 updates for the nursing home setting. It includes a CMS Introduction, a panel presentation

explaining what the MDS 3.0 RAI Manual and the MDS 3.0 Assessment Instrument are, and includes two training topics. The first training topic focuses on our relatively new discharge assessments, and the second topic explains how to properly code with dashes.

Currently this video is viewable for the RAI Coordinators. HHS anticipates provider viewing to be live by the end of this week, so please stay tuned.

## **CMS Issues Two S&C Memoranda**

The Centers for Medicare and Medicaid Services (CMS) released two new S&C Memoranda (with attachments) related to new guidance on improving care for persons with dementia and reducing antipsychotic drug use in nursing facilities:

1. S&C: 13-35-NH: Advanced Copy: Dementia Care in Nursing Homes: Clarification to Appendix P State Operations Manual (SOM) and Appendix PP in the SOM for F309 – Quality of Care and F329 – Unnecessary Drugs (available at <http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/Policy-and-Memos-to-States-and-Regions-Items/Survey-and-Cert-Letter-13-35.html?DLPage=1&DLSort=2&DLSortDir=descending>)
2. S&C: 13-34-ALL: Release of Mandatory Surveyor Training Program on Care of Persons with Dementia and Unnecessary Antipsychotic Medication Use – Release of Third Video (available at <http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/Policy-and-Memos-to-States-and-Regions-Items/Survey-and-Cert-Letter-13-34.html>)

S&C:13-35-NH references revisions to surveyor guidance. CMS notes that this revised highlights and re-emphasizes key principles in the nursing facility regulations including:

- Person–Centered Care
- Quality and Quantity of Staff
- Thorough Evaluation of New or Worsening Behaviors
- Individualized Approaches to Care
- Critical Thinking Related to Antipsychotic Drug Use
- Interviews with Prescribers
- Engagement of Resident and/or Representative in Decision-Making

Updates to Appendix P (provided in Attachment A to this memorandum) include changes to the resident sampling process for the traditional survey (changes to QIS were included in the recent 10.1.3 release), intended to ensure that the survey sample includes an adequate number of residents with dementia who are receiving an antipsychotic medication.

Updates to Appendix PP (provided in Attachment B to this memorandum) include:

- A new section of interpretive guidance at F309 related to the review of care and services for a resident with dementia;
- Revisions to the antipsychotic medication section of Table 1 at F329;
- New severity example at the end of the interpretive guidance at F329 (Unnecessary drugs);

A surveyor checklist that may be used in either the traditional or QIS process (modeled after the Critical Element pathways) is also provided as Attachment C to this memorandum. This checklist is not part of the SOM.

The second memorandum, S&C: 13-34-ALL, provides information about the third and final training video in the three-part series of mandatory surveyor trainings CMS has prepared on this topic. The first two modules of the training program were released earlier this year. This third installment of the training addresses how to cite severity level and other aspects of deficiency citations in more detail, based on the new guidance at F309, Care of Residents with Dementia, and revised guidance at F329 referenced in S&C: 13-35-NH. This training module is 35 minutes in length and will be available after May 31. The memorandum provides instructions for accessing this content.

### **Guidance for Notification of Facility Closure**

Federal requirements regarding voluntary termination of the Medicare provider agreement have been published. Information and instructions to comply with the requirements is included in the attached Region IV: Voluntary Closure Disclosure Packet. *A copy of the packet is attached.*

## **STATE NEWS**

### **Medicaid EXPEDITE To Go Live June 17**

Members of the Alabama Nursing Home Association have been meeting regularly with Medicaid since last fall on ideas and ways in which we can improve the current Medicaid Nursing Home Eligibility process. As a result of our joint efforts, we will soon have an online web portal (EXPEDITE) for nursing facilities and residents/sponsors to use in order to complete the Medicaid application online and submit it electronically. Submitting a hard copy of the application is still an option.

Earlier this week Medicaid held a series of EXPEDITE Webinars to preview the new portal and give facilities a brief overview of the project. The webinars were recorded and can be viewed on Medicaid's website at [http://www.medicaid.alabama.gov/CONTENT/3.0\\_Apply/3.5\\_Expedite.aspx](http://www.medicaid.alabama.gov/CONTENT/3.0_Apply/3.5_Expedite.aspx). *For your convenience we are attaching a copy of the power point presentation.* We encourage you to visit their website for more information.

### **Graduate Scholarships**

The Alabama legislature appropriated \$166,027 for graduate scholarships administered by the Board of Nursing. The application and instructions are posted on their website, [www.abn.alabama.gov](http://www.abn.alabama.gov), under Nursing Programs and then Graduate Scholarships. The deadline for application is July 31, 2013.

### **Medicaid to Provide PERM Provider Education Sessions - UPDATE**

The Centers for Medicare & Medicaid Services (CMS) has hosted one and will host four additional Payment Error Rate Measurement (PERM) provider education webinar/conference calls during Cycle 2 (2013). The purpose is to provide opportunities for the providers of the Medicaid and Children's Health Insurance Program (CHIP) communities to enhance your understanding of specific Provider responsibilities during PERM.

The PERM program is designed to measure improper payments in the Medicaid and CHIP programs, as required by the Improper Payments Information Act (IPIA) of 2002 (amended in

2010 by the Improper Payments Elimination and Recovery Improvement Act or IPERA, and the Improper Payments Elimination and Recovery Improvement Act of 2012 IPERIA). Webinar/Conference call participants will learn from presentations that feature;

- The PERM process and provider responsibilities during a PERM review
- Frequent mistakes and best practices
- The Electronic Submission of Medical Documentation, esMD program

The presentations will be repeated for each session. You will have the opportunity to ask questions live through the conference lines, via the webinar, and through PERM Provider email address at; [PERMProviders@cms.hhs.gov](mailto:PERMProviders@cms.hhs.gov).

Presentation materials and participant call in information will be posted on the Provider Education Calls link at: [http://www.cms.gov/Research-Statistics-Data-and-Systems/Monitoring-Programs/PERM/Provider\\_Education\\_Calls.html](http://www.cms.gov/Research-Statistics-Data-and-Systems/Monitoring-Programs/PERM/Provider_Education_Calls.html).

The Webinars are being presented on a Connect Pro platform. To test your connection in advance, launch: [https://webinar.cms.hhs.gov/common/help/en/support/meeting\\_test.htm](https://webinar.cms.hhs.gov/common/help/en/support/meeting_test.htm) Cycle2Invitation Rev052313.

**Tuesday, June 18 – 2:00-3:00 p.m.**

To join the meeting:

Audio: 1-877-267-1577, Meeting ID# 4964 Webinar: <https://webinar.cms.hhs.gov/permcycle2web3/>

**Tuesday, July 2 – 2:00-3:00 p.m.**

To join the meeting:

Audio: 1-877-267-1577, Meeting ID# 4964 Webinar: <https://webinar.cms.hhs.gov/permcycle2web4/>

**\*\*New Session\*\* Wednesday, July 17 – 2:00-3:00 p.m.**

To join the meeting: Audio: 1-877-267-1577,

Meeting ID# 4964, Webinar: <https://webinar.cms.hhs.gov/permcycle2web5/>

CMS encourages all participants to submit questions not addressed in the session to our designated PERM Provider email address at; [PERMProviders@cms.hhs.gov](mailto:PERMProviders@cms.hhs.gov).

Please check the CMS Website and PERM Provider's page regularly for helpful education materials, FAQs, and updates at <http://www.cms.gov/PERM/>. The purpose of PERM Provider Education Webinars/Conference Calls is to provide opportunities for the providers of the Medicaid and CHIP communities to enhance their understanding of specific provider responsibilities during PERM.

**Medicaid Qualifying Income Trust (QIT)**

During a recent meeting with Medicaid it was discovered that some individuals may not be aware of the information located on Medicaid's website [www.medicaid.alabama.gov](http://www.medicaid.alabama.gov). Specifically, it was asked that we provide information on where facilities can locate information pertaining to QIT. A link to Medicaid's QIT Packet is provided for your convenience.



[http://medicaid.alabama.gov/documents/5.0\\_Resources/5.4\\_Forms\\_Library/5.4.2\\_Eligibility/5.4.2\\_Form\\_262\\_Qualifying\\_Income\\_Trust\\_Packet.pdf](http://medicaid.alabama.gov/documents/5.0_Resources/5.4_Forms_Library/5.4.2_Eligibility/5.4.2_Form_262_Qualifying_Income_Trust_Packet.pdf). We encourage you to visit Medicaid's website for more information about all of their programs.

### **Nurse Aide Abuse Registry**

Please note that the following individual has been placed on the Alabama Nurse Aide Abuse and/or Sanction Registry. This individual is prohibited from working in any long-term care facility. To check nurse aides, you can use the nurse aide web site at [www.adph.org](http://www.adph.org) (Click on Contents A-Z - located in the dark blue at the top of the screen - then Click on Nurse Aide Registry - then Click in the white box and type in the Social Security Number of the person you are trying to find. Be sure and include the dashes in the SSN.)

Name  
Anna E. Hubbard

Effective Date  
5/31/13

## **FACILITY NEWS**

### **Village at Cook Springs Raises Funds for Alzheimer's**



The Village at Cook Springs recently hosted the first "Walking to Remember" Alzheimer's event in St. Clair County. The event raised over \$4,200 to support Alzheimer's of Central Alabama's efforts to provide programs and services to help diminish the devastating affects a diagnosis of Alzheimer's or dementia can cause for an entire family. Pictured is Administrator Ed Stevens presenting a check to Miller Piggott, Executive Director of Alzheimer's of Central Alabama.

### **ANHA Member Visit Washington to Meet with Congress**



ANHA members met with Alabama's congressional delegation this week as part of the American Health Care Association's Congressional Briefing. The event draws attention to long term care and educates members of Congress on important issues facing our profession. Pictured from left to right, ANHA President Richard Brockman, Cissy Brockman, and Chris Schmidt discuss observation stays with Sen. Richard Shelby.

# OTHER NEWS

## **AHCA Launches Quality Initiative Recognition Program**

All over the country, skilled nursing centers are reaching the goals of the American Health Care Association (AHCA) Quality Initiative and improving the lives of the residents you serve. It's time to celebrate your success! AHCA is proud to announce the Quality Initiative Recognition Program to honor those nursing centers which achieved one, two, three, or all four goals over the past year.

The program is a tiered-approach: the more goals you achieve, the more recognition you receive. All providers which achieve at least one goal will be honored at AHCA's 2014 Quality Symposium.

Those that succeed in reaching all four goals will receive special recognition at the conference, a feature in [providermagazine.com](http://providermagazine.com) and will be included in a national release from AHCA!

AHCA members do not need to submit hospital readmission nor antipsychotic data – AHCA already has access to that information. AHCA does need your staff turnover data, as well as your customer satisfaction results for 2012, in order to be considered for those two goals. You can find all the necessary submission forms and directions on the [Quality Initiative Recognition Program webpage](#).

The deadline for all submissions is Monday, July 15, 2013. And as always, take the initiative at [QualityInitiative.ahcancal.org](http://QualityInitiative.ahcancal.org).

## **Presenters Announced for Alabama's Best Practices**

Mark your calendars for August 29, 2013, for the Alabama's Best Practices Program at the Cahaba Grand Conference Center in Birmingham. Congratulations to the following facilities that have been chosen to make presentations for the 2013 Best Practices Program:

|                               |  |
|-------------------------------|--|
| “Serenity Suite”              | Oak Park Nursing Home                      |
| “Caring Paws”                 | Arbor Springs Health & Rehab Center        |
| “5-Alive”                     | Hanceville Nursing and Rehab Center        |
| “Off the Chain”               | Coosa Valley Nursing Home                  |
| “Young Bloods”                | Athens Rehabilitation Center & Senior Care |
| “Weight Watchers’ Happy Hour” | River City Center                          |
| “Hicks & Giggles”             | Haleyville Health and Rehab                |
| “DARE to Care Program”        | South Haven Health & Rehab - Birmingham    |

Participants will also receive information from twelve other facilities about their Best Practices. Approvals for six (6) hours of continuing education credit are pending for administrators, risk managers, assisted living administrators, social workers and activity professionals. An approval is also pending for CEUs for nurses. *More details to follow in the coming weeks.*

## AHCA Quality Improvement Toolkits/Webinars

*The 4 Key Strategies to Retain New Hires and Reduce Employee Turnover* (toolkit and webinar) and the *Clinical Considerations of Antipsychotic Management* (Toolkit and webinar) are available (free) to all AHCA members at: <http://qualityinitiative.ahcancal.org>. This resource uses a process framework, based on the Nursing Process, to identify care objectives and expectations. It identifies tools and resources to help providers successfully manage antipsychotic medication use at the resident and facility level. The guide focuses on 7 critical steps needed to ensure quality outcomes that are successful and continuous.

Members will need to log-in to access the toolkits, as it is a member-only benefit. If log-in information is needed, please contact your facility Administrator or State Association and they can give you the information you need.

## Legendary Band Foreigner to Perform at the AHCA/NCAL Convention



This year's Gala Dinner & Show features the legendary rock band **Foreigner**! The event is likely to sell out so be sure to purchase your tickets early. Tickets can be purchased when you register for your convention package. If you have already registered for convention, you can make edits to your registration package to purchase tickets online.

*Cold as Ice...Juke Box Hero...I Want to Know What Love Is....*these songs were all over 1980s rock radio.

Don't leave Phoenix early—you don't want to miss this show schedule for Wednesday evening, October 9. The Gala is an opportunity to celebrate, network with new friends, and have an evening of fun. This is a black tie optional event. Purchase your tickets today. [Register today!](#) Get the lowest registration rate when you register before the early bird deadline of July 19. The convention will be held October 6-9 in Phoenix, AZ.

## CALENDAR OF EVENTS

| <u>Date</u> | <u>Event</u>   | <u>Location</u>                 | <u>Time</u> |
|-------------|--|---------------------------------|-------------|
| June 25     | Seminar: Fall Prevention, Using Root Cause Analysis to Eliminate Alarms and Restraints   | The Wynfrey Hotel<br>Birmingham | 8:30 a.m.   |
| June 26     | Seminar: Stop Workplace Dram   | The Wynfrey Hotel<br>Birmingham | 9:00 a.m.   |
| June 28     | ANHA Region VII Meeting<br>RSVP: Gail McInnish<br>(251) 937-3501, <a href="mailto:gail.mcinnish@infirmaryhealth.org">gail.mcinnish@infirmaryhealth.org</a><br>Guest Speaker: Elizabeth Connor, Alabama Medicaid Agency | Felix's Fish Camp<br>Mobile     | 12:00 p.m.  |



Alabama Nursing Home Association

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Links:

Alabama Nursing Home Association <http://www.anha.org>

AL Board of Examiners of Nursing Home Administrators <http://www.alboenha.state.al.us>

AL Dept. of Public Health <http://www.adph.org>

CMS <http://cms.gov>