



Weekly Roundup

...Reporting the state and national long term care news

Please disseminate relevant information to the appropriate department.

- Administration Nursing Dietary Activities Social Services
 Rehabilitation Housekeeping Maintenance Laundry

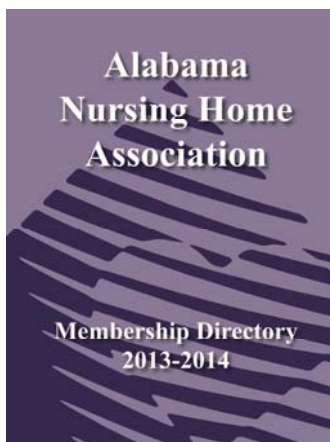
Friday, April 26, 2013

ANHA NEWS

ANHA Office Closed During Mid-Year Convention

The Alabama Nursing Home Association office will be closed April 29-May 3 during the Mid-Year Convention. The office will re-open on Monday, May 6 at 8:00 a.m. Also, the *Weekly Roundup* will not be published next week. *On the Hill* will be published on Monday, May 6.

2013-2014 ANHA Membership Directory now Available



The 2013-2014 ANHA Membership Directory is now available for purchase. This is Alabama's most comprehensive listing of nursing homes. Complimentary copies were mailed to each member and associate member this week.

Please see the attached order form if you would like to purchase additional copies.

Copies of the directory will be available for purchase at the Mid-Year Convention.

“Fall Prevention, Using Root Cause Analysis to Eliminate Alarms and Restraints” Educational Seminar June 25 – Sponsored by Robinson-Adams Insurance/Alliance for Long Term Care Quality Improvement

Join ANHA as we present a full-day seminar for long-term care providers on fall prevention, using a root cause analysis approach. Participants will be introduced to The Empira Fall Prevention Program which is a combination of nationally- recognized evidence-based, fall prevention practices and practical applications from the most recent research findings. Empira's program advocates for a restraint-free, alarm-free, correct bed heights and no-floor mats environment, indicating many common past best practices are no longer considered a best practice. This in-depth seminar will cover the implementation of a comprehensive fall prevention and reduction program. The seminar will be held on June 25 at the Wynfrey Hotel located in Birmingham, Alabama from 8:30 am to 4:00 pm. This program has been approved for 6 hours of continuing education credits by the Alabama Board of Examiners for Nursing Home and the Alabama Board of Social Work Examiners. It has also been approved for 7.2 contact hours of

continuing education for nurses. The Alabama Nursing Home Association is an approved provider by the Alabama Board of Nursing (ABNP0151- expires 3/12/2017). *Please see the attached flyer for more details.*

“Stop Workplace Drama” Educational Seminar June 26

Whether it’s the backstabbing, power struggles, dealing with the queen bee, or the “untouchable” employee, or even just navigating through change, drama manifests itself in many ways especially in high emotional environments such as healthcare facilities, long term care operations and nursing homes. You KNOW it goes on in your practice – gossip, poor coordination of the team, disruptive or disruptive employee behavior – and you KNOW it is a huge distraction away from good patient care, efficiencies and business objectives. In this highly participative program, attendees have opportunities to ask questions, share wisdom and get the tools needed to identify and workplace drama.

The seminar will be held on June 26 at the Wynfrey Hotel located in Birmingham, Alabama from 9:00 am to 3:00 pm. This program has been approved for 4.5 hours of continuing education credits by the Alabama Board of Examiners for Nursing Home and the Alabama Board of Social Work Examiners. It has also been approved for 5.4 contact hours of continuing education for nurses. The Alabama Nursing Home Association is an approved provider by the Alabama Board of Nursing (ABNP0151- expires 3/12/2017). *Please see the attached flyer for more details.*

NATIONAL NEWS

Manufacturer Announces Potential Pull-Station Defects

Honeywell recently announced a potential defect with their BG-10 series pull stations. These pull stations were manufactured from 1992 through 2010 under multiple brands including ADT, Fire-Lite Alarms, Johnson Control Inc. and Notifier. Over time, deterioration inside the devices can occur, preventing the pull stations from transmitting an alarm signal when activated. Examples of the BG-10 pull stations are provided below. All BG-10 series pull stations will look similar to those shown.



BG-10 series manual pull station, Fire-Lite BG-10 shown



BG-10 series manual pull station, Johnson Controls Inc. JBG-10L shown



BG-10 series manual pull station, NOTIFIER NBG-10 shown

Several options are available if you determine that you have one of these devices.

1. **Replace the pull station with the newer model BG-12 pull station (recommended by Honeywell).** The recommended substitution based on your exact model along with pictures and datasheets can be found at the following link: <http://www.pullstationsafety.com/en-US/Pages/instructions.aspx>. New, addressable indoor pull stations will likely cost around \$100 per device to replace, not including the labor to install it.
2. **Replace the alarm switch seal (provided free of charge) during the next scheduled testing and inspection session.** The testing and inspection of pull stations is required on an annual basis and is most likely provided by a fire alarm contractor during the annual inspection and testing of the fire alarm system. Information on this process can be found at the following link: <http://www.pullstationsafety.com/en-US/Documents/HFS%20BG-10%20Pull%20Station%20Inspection%20Procedure%20April%202013.pdf>. Honeywell recommends that this process only be performed by a qualified fire alarm service provider as opening the pull station without taking adequate precautions will set off the fire alarm system.

Additional information can be found at <http://www.pullstationsafety.com>.

FY 2013 Sequestration Adjustments for Survey & Certification

On April 5, CMS issued a Survey & Certification memorandum (*see attached*) addressing FY 2013 Adjustments for Survey & Certification as a result of the sequestration adjustments (that is, financial reductions to the federal agencies).

When you read the memo, please pay particular attention to the following: item #3, *Revisit Surveys*; item #5, *Special Focus Facility (SFF) Nursing Homes*; and item #7, *Life Safety Code (LSC) in Nursing Homes*. A very brief summary of each item follows.

Revisit Surveys: According to this memo, the State Survey Agencies will require Regional Office approval before conducting any second (or more) onsite revisits when a first revisit found the provider had not restored its program to substantial compliance. Also, there may be longer wait times before revisits are conducted.

Special Focus Facility (SFF) Nursing Homes: Each State Survey Agency is directed to schedule a final "last chance" onsite survey for those facilities that have been on the SFF list for more than 18 months and have failed to improve. Additionally, when an SFF has graduated or been terminated from the program, the state is not to select a replacement SFF unless directed to do so by the CMS Regional Office.

Life Safety Code in Nursing Homes: An abbreviated LSC survey may be used for certain nursing homes (as identified by CMS) if the state chooses to take advantage of this option. (*At this time we are unsure if any facilities in Alabama qualify for this abbreviated survey. The list from CMS has yet to be released.*)

CMS Releases FAQs

Attached is a copy of Frequently Asked Questions (FAQs) issued by the Centers for Medicare and Medicaid Services (CMS) regarding Manual Medical Review Claims. ANHA hopes you find this information beneficial.

CDC Alert Shortage of Tuberculin Skin Test

The Centers for Disease Control (CDC) has reported a national shortage of tuberculin skin test, Tubersol, a product of Sanofi Pasteur Limited. The shortage is expected to remain until the end of May. Sanofi notified the FDA that 50-dose vials of Tubersol are unavailable and supplies of 10-dose vials are limited. For more information, visit

<http://emergency.cdc.gov/HAN/han00345.asp>.

STATE NEWS

ADPH: Reporting Abuse, Neglect and Misappropriation of Property

Editor's Note: The following article was provided by the Alabama Department of Public Health's Division of Health Care Facilities.

In an effort to save nursing facilities time and to accelerate the investigative review process, the Alabama Department of Public Health (ADPH) is requesting that specific information be included in the facility's five (5) day report. In particular, ADPH requires certain information pertaining to the named perpetrator in the reporting of abuse, neglect or misappropriation of property.

That information is as follows:

- The alleged perpetrator's full name
- Most current address known
- Social Security Number
- Date of birth
- Telephone number(s) (Note: If available, provide alternate telephone numbers such as their cell phone and the name and telephone number of the person designated to contact in case of an emergency.)
- Full name of witnesses with direct knowledge of the incident
- Most current address known
- Telephone number(s) (See note above)

Additionally, within the facility's investigation, the facility must provide a conclusion to their investigation. That conclusion should be specific to whether or not the facility was able to identify adequate proof that abuse, neglect or misappropriation of property occurred. For example, in many cases, the behavior of the named perpetrator is accurately concluded to be inappropriate, unprofessional, rude and/or in violation of the facility's policies and procedures and standards of care. In these cases, the named perpetrator's behavior would not have risen to the level of abuse as is defined by CMS in the State Operations Manual.

By providing such information as requested, the facility will often prevent the loss of a substantial amount of time supplying that information by telephone. It will also reduce the time and expense incurred when that information is provided by mail or parcel service. This cooperative effort will help in preventing delays and will enable ADPH to better expedite the investigation review process.

NATIONAL NURSING HOME WEEK

Last Minute Sale for National Nursing Home Week Items

Save 15% and Get Free Shipping

While supplies last, the American Health Care Association is offering a **15% discount** on all National Nursing Home Week products. In addition to the 15% savings, if you purchase online, you will also receive FREE shipping. Place your order today so you don't miss out on all of the exciting National Nursing Home Week products. Make sure your staff and residents have t-shirts, buttons, and lapel pins to wear and show their appreciation all week long. To order call 1-800-321-0343 or visit www.AHCAPublications.org.

National Nursing Home Week T-Shirts

Jones Sportswear is offering National Nursing Home Week t-shirts. *Please see the attached flyer from Jones Sportswear for more information.* NNHW begins on Mother's Day, May 12 and lasts until May 18.

OTHER NEWS

Alabama's Best Practices Program

A total of **19** best practices have been submitted from facilities across the state. Those selected to present at Alabama's Best Practices will be announced in the coming weeks. Mark your calendars for August 29, 2013, for the Alabama's Best Practices Program at the Cahaba Grand Conference Center in Birmingham. Thank you for your interest in and support of the program!

Congratulations to the following facilities for their nominations for the 2013 Program:

Cullman Long Term Care & Rehab	Crowne Health Care of Montgomery
Hanceville Nursing and Rehab Center	Golden Living – Trussville
Coosa Valley Nursing Home	Oak Park Nursing Home
Wiregrass Rehab Center & Nursing Home	Arbor Springs Health & Rehab Center
Bill Nichols State Veterans Home	Oak Trace Care & Rehabilitation Center
Prattville Health & Rehab	Cullman Health Care & Rehab Center
Athens Rehabilitation Center & Senior Care	Dadeville Health Care Center
River City Care and Rehabilitation Center (2)	Haleyville Health and Rehab
South Haven Health & Rehab – Birmingham	Cherry Hill Rehabilitation & Health Care

West Rest Haven Nursing Home in West, Texas

As some of you may already know from news accounts, the West Rest Haven Nursing Home was badly damaged during the explosion that occurred at a fertilizer plant in Texas last week. The residents are now residing in eight nursing homes in the nearby towns. Unfortunately, we've been told there were two fatalities that occurred after the evacuation, but more than 130 residents were safely cared for in an extremely difficult situation. Once again long term caregivers and many community responders met the challenge.

The Texas Health Care Association has visited with the facility administrator and she let them know what the most pressing needs are at this time. You can get the info on the Texas Health Care Association website www.txhca.org at the “Help West” spot.

AHCA Announces Advocacy Day May 16, 2013

Ever wish there were a day dedicated to sending out invitations to your Member of Congress for a facility tour? A day just to tell your friends and family to sign up to join our advocacy network? During National Nursing Home Week, Thursday, May 16, 2013, will be Advocacy Day. Everyone is strongly encouraged to organize an activity to bring awareness to protecting and advocating for our profession.

Simple ideas include:

- Setting up a table in the lobby of facilities to recruit new advocates or installing an advocacy board in the break room.
- Visiting your statehouse and meet with legislators or introduce yourself to staffers at your Congressional representative’s district offices.
- Requesting a FREE Advocacy Center in a box for your facility from Clark Princell or feature yours prominently with balloons.
- Taking time to talk about what’s happening in Washington and registering for Congressional Briefing in Washington, DC June 3-4.
- Emailing AHCA’s advocacy network sign up link to friends, family and co-workers or make sure at least five new people fill out the advocacy post cards from your Advocacy Center boxes and return them to AHCA.
- Contacting your members of Congress regarding observation stays legislation.

Come up with creative ideas to showcase advocacy in your facility. We’ll feature pictures and stories from Advocacy Day at facebook.com/saveseniors so start planning today. Contact mcowden@ahca.org for questions or requests for help.

CALENDAR OF EVENTS

<u><i>Date</i></u>	<u><i>Event</i></u>	<u><i>Location</i></u>	<u><i>Time</i></u>
April 26	ANHA Region VII Meeting RSVP: Gail McInnish (251) 937-3501, gail.mcinnish@infirmaryhealth.org Guest Speaker: ANHA’s Katrina Magdon	Felix’s Fish Camp Mobile	12:00 p.m.
April 29- May 2	ANHA Mid-Year Convention	Perdido Beach Resort Orange Beach	
April 29	ANHA Executive Board Meeting	Perdido Beach Resort Orange Beach	8:30 a.m.
April 29	Convention/Education Committees Meeting	Perdido Beach Resort Orange Beach	1:00 p.m.

April 30	ARRTC Road Show Disaster Training	Perdido Beach Resort Orange Beach	1:15 pm
May 22	ANHA Region IX Act/SS Auxiliary Meeting RSVP: Debra Dixon (205) 932-1173 Speaker: Kim Johnson, Ombudsman CEUs and refreshments provided	Fayette Medical Center LTC Fayette	1:00 p.m.

Alabama Nursing Home Association

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WEB SITES:

Alabama Nursing Home Association <http://www.anha.org>
AL Board of Examiners of Nursing Home Administrators <http://www.alboenha.state.al.us>
AL Dept. of Public Health <http://www.adph.org>
CMS <http://cms.gov>