



# Weekly Roundup

*...Reporting the state and national long term care news*

Please disseminate relevant information to the appropriate department.

- Administration     Nursing     Dietary     Activities     Social Services  
 Rehabilitation     Housekeeping     Maintenance     Laundry

*Friday, June 13, 2014*

## ANHA NEWS

### ANHA Senior State Games: What You Need to Know



The inaugural Alabama Nursing Home Association Senior State Games will take place June 20 in Birmingham. Here are a few important reminders to help you prepare.

#### **Registration Deadline TODAY:**

Registration ends at 12:00 p.m. today. Register online at [www.seniorstategames.asffoundation.net](http://www.seniorstategames.asffoundation.net).

#### **Hotel Reservations:**

The ASF Foundation in partnership with T3 Travel, a nationally recognized sports event housing professional, has agreed to work with participants in securing room reservations at discounted room rates. T3 Travel has developed a list of hotel properties near competition venues.

Please book your overnight accommodations at T3 Travel's website:

[http://www.t3travel.com/eventsearch/advanced/results/?date=&name=Alabama+State+Games&city=&event\\_type=0&org=0](http://www.t3travel.com/eventsearch/advanced/results/?date=&name=Alabama+State+Games&city=&event_type=0&org=0)

Do not contact hotels directly. All hotel rates are subject to cut-off dates. If you have questions or you have interest in another motel/hotels, please call T3 Travel at 1-877-865-2018.

#### **Senior State Games on TV:**

Nursing home residents, staff and family members who are unable to attend can watch the opening ceremonies live on Alabama Public Television on Friday, June 20 beginning at 7:00 p.m. Nursing home residents and others competing in the Senior State Games will parade into the arena and be featured on TV. Check your local listings to determine the Alabama Public Television station in your area.

#### **Follow the Games on Social Media, Web:**

The Alabama Nursing Home Association will post Senior State Games articles and photos on [www.news.anha.org](http://www.news.anha.org). Enter your e-mail address in the "Subscribe via E-mail" box in the top right

corner. You'll receive an e-mail each time a new article is posted. For live update, follow ANHA on Twitter @ANHATweets.

### Further Questions:

Questions about the ANHA Senior State Games should be directed to the website: [www.seniorstategames.asffoundation.net](http://www.seniorstategames.asffoundation.net) or 1-800-467-0422.



### Online Registration Open for “Sexuality in the Long Term Care Environment: Considerations for Regulators and Providers” Seminar

Please mark your calendars for June 16, 2014, as ANHA will present a seminar entitled “Sexuality in the Long Term Care Environment: Considerations for Regulators and Providers”. This seminar will be held at the Hyatt Regency - Wynfrey Hotel in Birmingham. The seminar, sponsored by Healthcare Services Group, will begin at 8:30 a.m. and conclude at 5:30 p.m. This seminar is approved for 7.5 hours of continuing education for nursing home administrators. It is approved for 9 contact hours for nurses. *Please see the attached flyer for more information. Handouts have been posted on [www.anha.org](http://www.anha.org).*



### Online Registration Open for “Clinical Risk Management” Seminar

Please join ANHA on July 21, 2014, as we present an educational seminar regarding clinical risk management issues affecting Alabama nursing homes. The purpose of the seminar is to support participants to: identify risk, evaluate rules and regulations related to risk, discuss resident choice vs. safety balance in process, and to take a systemic approach to management and documentation. This seminar will be held at the Hyatt Regency - Wynfrey Hotel in Birmingham. The seminar, sponsored by Omnicare, will begin at 8:30 a.m. and conclude at 4:30 p.m. This seminar is approved for 6 hours of continuing education for nursing home administrators. It is approved for 7.2 contact hours for nurses. *Please see the attached flyer for more information. Attendees should check [www.anha.org](http://www.anha.org) approximately one week prior to the seminar to download the handouts.*

### Presenters Announced for Alabama’s Best Practices

The presenters for the 2014 Alabama’s Best Practices Program were announced earlier this week on [news.anha.org](http://news.anha.org). Congratulations to the following facilities:

“Music & Memory”	Oak Trace Care & Rehab Center
“Daily Shift Huddle”	Cullman Health & Rehab Center
“Dr. Feel Good”	Hanceville Nursing and Rehab Center
“Juggle Flavors”	Folsom Center for Rehabilitation & Healthcare
“Dementia Assessment and Management”	Athens Rehabilitation Center & Senior Care
“Flip This Room”	Thomasville Health Care
“Road to Quality Improvement”	Falkville Healthcare Center & Rehab
“Party with Purpose”	Fair Haven Retirement Center

The Alabama’s Best Practices Program will be held on August 28, 2014, at the Cahaba Grand Conference Center in Birmingham.

Participants will also receive information from sixteen other facilities about their Best Practices. Approval for six (6) hours of continuing education credit are pending for administrators, nurses, risk managers, assisted living administrators, social workers and activity professionals. *Look for more details to follow in the coming weeks.*

## **NATIONAL NEWS**

### **Proper Use of Modifier 59 for Medicare Part B Services**

The Centers for Medicare and Medicaid Services (CMS) recently released MLN Matters® Special Edition Article #SE1418, “Proper Use of Modifier 59” (<http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/Downloads/SE1418.pdf>). This article is designed to provide education on how to properly use procedure code Modifier 59 (Distinct Procedural Service) for Part B claims to comply with National Correct Coding Initiative (NCCI) edits policy. In Example 9, which describes common Part B therapy services, CMS explains the proper use of Modifier 59 when the Manual Therapy procedure code 97140 is billed on the same day as the Therapeutic Activities procedure code (97530).

### **FDA Changes Dose Recommendation for Lunesta**

The U.S. Food and Drug Administration has recently announced that it is requiring the manufacturer of the sleep drug Lunesta (eszopiclone) to change the drug label and lower the current recommended starting dose. Data show that eszopiclone levels in some patients may be high enough the morning after use to impair activities that require alertness, including driving, even if they feel fully awake.

*Taken at bedtime, the recommended starting dose of Lunesta (eszopiclone) has been decreased from 2 milligrams to 1 mg for both men and women.* The 1 mg dose can be increased to 2 mg or 3 mg if needed, but the higher doses are more likely to result in next-day impairment of driving and other activities that require full alertness. Using lower doses means less drug will remain in the body in the morning hours.

*Patients currently taking the 2 mg and 3 mg doses of Lunesta should contact their health care professional to ask for instructions on how to continue to take their medicine safely at a dose that is best for them.*

Drowsiness is listed as a common side effect for all insomnia drugs, along with warnings that people may still feel drowsy the next day after taking one of these products. The FDA is continuing to evaluate the risk of impaired mental alertness with the entire class of sleep drugs, including over-the-counter drugs, and will update the public as new information becomes available.

For more information you can visit <http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm397453.htm>.

## **CMS Provides Updates on ICD-10**

Last week, the Centers for Medicare and Medicaid Services (CMS) provided updates on the extension of the partial code freeze for ICD-9-CM and ICD-10 that are a result of the recent enactment of the *Protecting Access to Medicare Act of 2014* (PAMA) (Pub. L. No. 113-93), which required CMS to delay implementation of ICD-10 until no earlier than October 1, 2015. Along with this announcement, CMS posted updated 2015 ICD-10-CM, ICD-10-PCS, and ICD-9 files as described in the paragraphs below:

### **Partial Code Freeze for ICD-9-CM and ICD-10 Extended**

The ICD-9-CM Coordination and Maintenance Committee implemented a partial freeze of the ICD-9-CM and ICD-10 (ICD-10-CM and ICD-10-PCS) codes prior to the implementation of ICD-10, which would end one year after the implementation of ICD-10. On April 1, 2014, the PAMA was enacted, which said that the Secretary may not adopt ICD-10 prior to October 1, 2015. Accordingly, HHS expects to release an interim final rule in the near future that will include a new compliance date that would require the use of ICD-10 beginning October 1, 2015. The rule will also require HIPAA covered entities to continue to use ICD-9-CM through September 30, 2015.

The partial code freeze will continue through October 1, 2015, the new planned implementation date. Regular updates to ICD-10 will begin on October 1, 2016, one year after the implementation of ICD-10. See Partial Code Freeze for ICD-9-CM and ICD-10 ([http://www.cms.gov/Medicare/Coding/ICD10/Downloads/Partial\\_Code\\_Freeze.pdf](http://www.cms.gov/Medicare/Coding/ICD10/Downloads/Partial_Code_Freeze.pdf)) for more information.

### **2015 ICD-10-CM, ICD-10-PCS, and ICD-9-CM Files Available**

The 2015 ICD-10-CM and ICD-10-PCS files are now posted on the 2015 ICD-10-CM and GEMs web page (<http://www.cms.gov/Medicare/Coding/ICD10/2015-ICD-10-CM-and-GEMs.html>) and 2015 ICD-10-PCS and GEMs web page (<http://www.cms.gov/Medicare/Coding/ICD10/2015-ICD-10-PCS-and-GEMs.html>). There are no new, revised, or deleted ICD-10-CM or ICD-10-PCS codes.

The 2015 ICD-9-CM files are now available on the ICD-9-CM Diagnosis and Procedure Codes: Abbreviated and Full Code Titles web page (<http://www.cms.gov/Medicare/Coding/ICD9ProviderDiagnosticCodes/codes.html>). Since there will be no ICD-9-CM updates, there is no FY 2015 addendum. There are no new, revised, or deleted ICD-9-CM codes.

The 2015 General Equivalence Mappings (GEMs) will be posted later this summer.

## **STATE NEWS**

### **Alabama Medicaid Agency Update – MDS Section Q**

A streamlined process for making MDS-Q referrals, with reduced paperwork, is coming soon. Online and face-to-face training will be offered mid-summer. During the next few weeks, your Local Contact Agency, Alabama Department of Rehabilitation Services, will begin re-directing new referrals to the Gateway to Community Living office at the Alabama Medicaid Agency.

Starting the week of June 9<sup>th</sup>, providers will be able to enter referrals into the online system. A dedicated staff person, Ann Duncan ([Clairann.Duncan@medicaid.alabama.gov](mailto:Clairann.Duncan@medicaid.alabama.gov)), will be available Monday through Friday at 334-353-3273 to respond to all referrals and provide assistance. For more information, go to the Gateway to Community Living [http://www.medicicaid.alabama.gov/CONTENT/4.0\\_Programs/4.3.0\\_LTC/4.3.5\\_Gateway\\_To\\_Living.aspx](http://www.medicicaid.alabama.gov/CONTENT/4.0_Programs/4.3.0_LTC/4.3.5_Gateway_To_Living.aspx) page on the Medicaid website.

### **Important Information from the Alabama Department of Public Health: Resident Funds and Submission of Additional Information after a Survey**

The Alabama Department of Public Health has recently found that some facilities are not appropriately safeguarding resident funds and as a result misappropriation of resident funds has occurred. Please review your policies regarding resident funds and ensure that those policies meet regulatory requirements, the policies are being implemented and that there is appropriate oversight. Remember that §483.10(c)(2) requires: “Upon written authorization of a resident, the facility must hold, safeguard, manage, and account for the personal funds of the resident deposited with the facility...”

On another note, please keep the following important points in mind when you are sending additional information after a survey:

- The information in its entirety must be **received by the ADPH by 9:00 AM** on the third calendar day following the exit date. If the third calendar day is a week-end or holiday it must be received by the next business day. In the case of unabated immediate jeopardy, the information must be received by ADPH within 12 hours after the exit conference.
- Please understand that 9:00 AM means 9:00 AM.
- Please check your fax machine settings to ensure it has the correct date and time.
- Please ensure your fax confirmation page prints the fax number the additional information was sent to and the number of pages that was successfully sent.
- Please contact Bernadette Harville at (334) 206-3079 to confirm timely and complete receipt of submitted additional information.

## **FACILITY NEWS**

Facility News is posted on [news.anha.org](http://news.anha.org).

Here are some of the articles posted this week:

- Best Practices Presenters Announced
- Two Nursing Homes Receive National Quality Award
- South Alabama Nursing Home Earns High Marks on Annual Inspection

To submit stories from your facility, contact John Matson at the Association Office at (334) 271-6214 or [jmatson@anha.org](mailto:jmatson@anha.org).

# OTHER NEWS

## **APIC Guide to Preventing Catheter Related Urinary Tract Infections Released**

Aligned with the Centers for Medicare and Medicaid Services (CMS) Quality Strategy to reduce healthcare acquired infections, *attached you will find a copy of the APIC Guide to Preventing Catheter Related Urinary Tract Infections.*

## **Alabama Medical Directors Association Annual Conference**

The Alabama Medical Directors Association (AMDA) will hold its Annual Conference July 24 – July 27, in Sandestin, Florida. AMDA is the professional association of physicians and other professionals practicing in the long-term care continuum, dedicated to excellence in patient care by providing education, advocacy, information and professional development. Topics will include: “The Art & Science of a Good Family Conference”; “It’s Okay to Die”; “Various Documentation Requirements for Physicians in the LTC Setting”; “GI Issues in LTC/Treating Conditions in the NF that Were Previously Sent to the Hospital”; “Principles of Consolidated Billing”; “Hospice-What, When & How You Can Help”; “COPD in LTC Residents”; “Evaluation & Treatment of Geriatric Swallowing Disorders”; “Recent Changes In the Medicaid Program and How They Affect the LTC Facilities”; “How to Detect, Treat and Report Public Outbreaks of Communicable Diseases”; “Pain Management in LTC Residents”; and “Parkinson’s Disease: Voice & Swallowing Disorders”. Please contact Lee Ann Cole with the AMDA at 334-213-8803 alternate phone; 334-315-2442 cell phone; 334-213-8815 fax; or e-mail Lee Ann Cole at [Lcole1019@aol.com](mailto:Lcole1019@aol.com) for more information.

## **AHCA/NCAL Convention: Earn Up to 19 CEUs, 60+ Education Sessions**

Although some content is still under development, you can now preview the comprehensive listing of AHCA/NCAL Convention education sessions online and browse sessions by key tracks.

This year's education sessions are designed to reflect the issues that are front-of-mind for long term and post-acute care providers. We'll address these issues with best practices, expert opinions, case studies, new ideas, and inspiration.

New for 2014 are tracks designed to focus on the four Quality Initiative goals: FOCUS on Antipsychotic Reduction, Re-hospitalization Reduction, Staff Stability and Customer Satisfaction.

Attendees can boost their CEU count by attending one of several Constituency Education Programs scheduled during the event. Learn more about these highly-targeted education programs and about how you can participate. Some programs require a separate ticket or may be invitation only.

When you register for AHCA/NCAL Convention & Expo, consider the Premium Full Meeting Package and get access to more education and sessions, plus great on-site features that will help you make the most of the sessions you attend:

- On-site access to handouts, with the ability to make notes using personal mobile devices (iPad, iPhone, Kindle Fire, Android Tablets, laptop and smartphone)
- Access to recorded sessions with synched handouts (if provided by speaker)
- Ability to hear missed sessions
- Opportunity to earn more CEUs via post-convention webinars

Register at [www.AHCAconvention.org](http://www.AHCAconvention.org) or [www.NCAIconvention.org](http://www.NCAIconvention.org). Early bird registration ends July 18.

## CALENDAR OF EVENTS

<u><i>Date</i></u>	<u><i>Event</i></u>	<u><i>Location</i></u>	<u><i>Time</i></u>
June 16	Seminar: Sexuality in LTC Environment	Hyatt Wynfrey Birmingham	8:30 a.m.
June 19	ANHA Executive Board Meeting	ANHA Offices Montgomery	10:00 a.m.
June 20	ANHA Region VII Meeting RSVP: Gail McInnish 251-937-3501 <a href="mailto:gail.mcinnish@infirmarhealth.com">gail.mcinnish@infirmarhealth.com</a>	Felix's Fish Camp Mobile	12:00 p.m.
June 20-21	ANHA Senior State Games	Birmingham	
June 24	ANHA Region I Act/SS Auxiliary Meeting RSVP: Kim Allred 256-352-9100 or 256-962-2261 Speaker: Ombudsman Shantelle Perkins	Logan's Decatur	11:00 a.m.
July 11	ANHA Region VII Act/SS Auxiliary Meeting RSVP: Jo Ann Smyly 251-636-3614 or 251-637-3239	Felix's Fish Camp Mobile	11:30 a.m.
July 17	ANHA Region III Meeting RSVP: Kevin Ball 205-788-6330 <a href="mailto:kball@ballhealth.com">kball@ballhealth.com</a> Lunch will be provided	Todd English P.U.B. Birmingham	12:00 p.m.
July 21	Seminar: Clinical Risk Management	Hyatt Wynfrey Birmingham	8:30 a.m.

### Alabama Nursing Home Association

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Links:

Alabama Nursing Home Association <http://www.anha.org>

AL Board of Examiners of Nursing Home Administrators <http://www.alboenha.state.al.us>

AL Dept. of Public Health <http://www.adph.org>

CMS <http://cms.gov>