



Weekly Roundup

...Reporting the state and national long term care news

Please disseminate relevant information to the appropriate department.

qAdministration

qNursing

qDietary

qActivities

q Social Services

qRehabilitation

qHousekeeping

q Maintenance

q Laundry

Friday, June 6, 2014

ANHA NEWS

ANHA Senior State Games: What You Need to Know



The inaugural Alabama Nursing Home Association Senior State Games will take place June 20 in Birmingham. Here are a few important reminders to help you prepare.

Registration and Deadlines:

Register online at www.seniorstategames.asffoundation.net. There are multiple registration deadlines based upon which competition you choose. *Please see the attached registration deadline schedule for information about each specific competition.* Deadlines will be strictly applied to allow organizers time to plan these large events.

Hotel Reservations:

The ASF Foundation in partnership with T3 Travel, a nationally recognized sports event housing professional, has agreed to work with participants in securing room reservations at discounted room rates. T3 Travel has developed a list of hotel properties near competition venues.

Please book your overnight accommodations at T3 Travel's website:

http://www.t3travel.com/eventsearch/advanced/results/?date=&name=Alabama+State+Games&city=&event_type=0&org=0

Do not contact hotels directly. All hotel rates are subject to cut-off dates. If you have questions or you have interest in another motel/hotels, please call T3 Travel at 1-877-865-2018.

Volunteers:

Volunteers are welcome and needed at the ANHA Senior State Games. *Please see the attached volunteer form for details.*

Senior State Games on TV:

Nursing home residents, staff and family members who are unable to attend can watch the opening ceremonies live on Alabama Public Television on Friday, June 20 beginning at 7:00 p.m. Nursing home residents and others competing in the Senior State Games will parade into the

arena and be featured on TV. Check your local listings to determine the Alabama Public Television station in your area.

Follow the Games on Social Media, Web:

The Alabama Nursing Home Association will post Senior State Games articles and photos on www.news.anha.org. Enter your e-mail address in the “Subscribe via E-mail” box in the top right corner. You’ll receive an e-mail each time a new article is posted. For live update, follow ANHA on Twitter @ANHATweets.

Further Questions:

Questions about the ANHA Senior State Games should be directed to the website: www.seniorstategames.asffoundation.net or 1-800-467-0422.

Online Registration Open for “Sexuality in the Long Term Care Environment: Considerations for Regulators and Providers” Seminar

Please mark your calendars for June 16, 2014, as ANHA will present a seminar entitled “Sexuality in the Long Term Care Environment: Considerations for Regulators and Providers”. This seminar will be held at the Hyatt Regency - Wynfrey Hotel in Birmingham. The seminar will begin at 8:30 a.m. and conclude at 5:30 p.m. This seminar is approved for 7.5 hours of continuing education for nursing home administrators. It is approved for 9 contact hours for nurses. *Please see the attached flyer for more information. Attendees should check www.anha.org approximately one week prior to the seminar to download the handouts.*

Alabama’s Best Practices Program

A total of 24 best practices have been submitted from facilities across the state. Those selected to present at Alabama’s Best Practices will be announced in the coming weeks. Mark your calendars for August 28, 2014, for the Alabama’s Best Practices Program at the Cahaba Grand Conference Center in Birmingham. Thank you for your interest in and support of the program!

Congratulations to the following facilities for their nominations for the 2014 Program:

- | | |
|--|---|
| Cullman Long Term Care & Rehab Center | Decatur Health and Rehab |
| Bill Nichols State Veterans Home | Oak Trace Care & Rehabilitation Center |
| Cullman Health Care & Rehab Center | Andalusia Manor |
| Falkville Health Care Center | Woodland Village Health Care & Rehab |
| Eastview Rehabilitation & Health Care Center | Adams Health & Rehab |
| Robertsdale Rehabilitation & Healthcare Center | River City Center |
| Magnolia Haven Health & Rehabilitation Center | Fair Haven Retirement Community |
| Hanceville Nursing and Rehabilitation Center | South Haven Health & Rehab – Birmingham |
| Cherokee County Health & Rehab Center | Coosa Valley Nursing Home |
| Haleyville Health Care Center | Oak Park |
| Floyd E. “Tut” Fann State Veterans Home | Thomasville Health Care & Rehab Center |
| Athens Rehabilitation and Senior Care Center | Southland Nursing Home |

NATIONAL NEWS

FDA Changes Dose Recommendation for Lunesta

The U.S. Food and Drug Administration has recently announced that it is requiring the manufacturer of the sleep drug Lunesta (eszopiclone) to change the drug label and lower the current recommended starting dose. Data show that eszopiclone levels in some patients may be high enough the morning after use to impair activities that require alertness, including driving, even if they feel fully awake.

Taken at bedtime, the recommended starting dose of Lunesta (eszopiclone) has been decreased from 2 milligrams to 1 mg for both men and women. The 1 mg dose can be increased to 2 mg or 3 mg if needed, but the higher doses are more likely to result in next-day impairment of driving and other activities that require full alertness. Using lower doses means less drug will remain in the body in the morning hours.

Patients currently taking the 2 mg and 3 mg doses of Lunesta should contact their health care professional to ask for instructions on how to continue to take their medicine safely at a dose that is best for them.

Drowsiness is listed as a common side effect for all insomnia drugs, along with warnings that people may still feel drowsy the next day after taking one of these products. The FDA is continuing to evaluate the risk of impaired mental alertness with the entire class of sleep drugs, including over-the-counter drugs, and will update the public as new information becomes available.

For more information you can visit

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm397453.htm>.

CMS Provides Updates on ICD-10

Last week, the Centers for Medicare and Medicaid Services (CMS) provided updates on the extension of the partial code freeze for ICD-9-CM and ICD-10 that are a result of the recent enactment of the *Protecting Access to Medicare Act of 2014* (PAMA) (Pub. L. No. 113-93), which required CMS to delay implementation of ICD-10 until no earlier than October 1, 2015. Along with this announcement, CMS posted updated 2015 ICD-10-CM, ICD-10-PCS, and ICD-9 files as described in the paragraphs below:

Partial Code Freeze for ICD-9-CM and ICD-10 Extended

The ICD-9-CM Coordination and Maintenance Committee implemented a partial freeze of the ICD-9-CM and ICD-10 (ICD-10-CM and ICD-10-PCS) codes prior to the implementation of ICD-10, which would end one year after the implementation of ICD-10. On April 1, 2014, the PAMA was enacted, which said that the Secretary may not adopt ICD-10 prior to October 1, 2015. Accordingly, HHS expects to release an interim final rule in the near future that will include a new compliance date that would require the use of ICD-10 beginning October 1, 2015. The rule will also require HIPAA covered entities to continue to use ICD-9-CM through September 30, 2015.

The partial code freeze will continue through October 1, 2015, the new planned implementation date. Regular updates to ICD-10 will begin on October 1, 2016, one year after the implementation of ICD-10. See Partial Code Freeze for ICD-9-CM and ICD-10 (http://www.cms.gov/Medicare/Coding/ICD10/Downloads/Partial_Code_Freeze.pdf) for more information.

2015 ICD-10-CM, ICD-10-PCS, and ICD-9-CM Files Available

The 2015 ICD-10-CM and ICD-10-PCS files are now posted on the 2015 ICD-10-CM and GEMs web page (<http://www.cms.gov/Medicare/Coding/ICD10/2015-ICD-10-CM-and-GEMs.html>) and 2015 ICD-10-PCS and GEMs web page (<http://www.cms.gov/Medicare/Coding/ICD10/2015-ICD-10-PCS-and-GEMs.html>). There are no new, revised, or deleted ICD-10-CM or ICD-10-PCS codes.

The 2015 ICD-9-CM files are now available on the ICD-9-CM Diagnosis and Procedure Codes: Abbreviated and Full Code Titles web page (<http://www.cms.gov/Medicare/Coding/ICD9ProviderDiagnosticCodes/codes.html>). Since there will be no ICD-9-CM updates, there is no FY 2015 addendum. There are no new, revised, or deleted ICD-9-CM codes.

The 2015 General Equivalence Mappings (GEMs) will be posted later this summer.

CMS Releases Advance Copies of S&C Memo and Interpretive Guidance Related to Use of Pasteurized/Unpasteurized Eggs

The Centers for Medicare and Medicaid Services (CMS) has issued advance copies of a Survey & Certification Memorandum (S&C Memo) and associated surveyor interpretive guidance at F341, Sanitary Conditions, *which are attached*. The focus of these documents is on use and serving of pasteurized and unpasteurized eggs.

Several key points:

1. A nursing center that uses and serves unpasteurized eggs must ensure the eggs are fully cooked until both the yolk and white are completely firm.
2. If a nursing center uses pasteurized eggs, they may serve them as “soft-cooked”, “soft-scrambled”, or sunny-side up”.
3. The use of signed agreements between the nursing center and a resident/patient (or the resident’s/patient’s legal representative) releasing the nursing center of liability if the patient/resident becomes ill due to eating unpasteurized eggs prepared by the nursing center that are not cooked until the yolk and white are completely firm are not permitted.

CMS also updated the surveyor guidance to include information related to serving food grown in Nursing Home Gardens, which was in a previously released S&C Memo.

These documents are not yet posted on the CMS Website and due to the Memorial Day holiday may not be posted until sometime next week. The S&C Memo is dated May 20, 2014 and is “Effective Immediately.”

STATE NEWS

Important Information from the Alabama Department of Public Health: Resident Funds and Submission of Additional Information after a Survey

The Alabama Department of Public Health has recently found that some facilities are not appropriately safeguarding resident funds and as a result misappropriation of resident funds has occurred. Please review your policies regarding resident funds and ensure that those policies meet regulatory requirements, the policies are being implemented and that there is appropriate oversight. Remember that §483.10(c)(2) requires: “Upon written authorization of a resident, the facility must hold, safeguard, manage, and account for the personal funds of the resident deposited with the facility...”

On another note, please keep the following important points in mind when you are sending additional information after a survey:

- The information in its entirety must be **received by the ADPH by 9:00 AM** on the third calendar day following the exit date. If the third calendar day is a week-end or holiday it must be received by the next business day. In the case of unabated immediate jeopardy, the information must be received by ADPH within 12 hours after the exit conference.
- Please understand that 9:00 AM means 9:00 AM.
- Please check your fax machine settings to ensure it has the correct date and time.
- Please ensure your fax confirmation page prints the fax number the additional information was sent to and the number of pages that was successfully sent.
- Please contact Bernadette Harville at (334) 206-3079 to confirm timely and complete receipt of submitted additional information.

2014 Annual Report of Standardized Procedures

It is now time to complete the 2014 Annual Report of Standardized Procedures as mandated by the Alabama Board of Nursing (ABN) Administrative Code, Rule 610-X-6-.12(6). To decrease completion time, ABN has added a review option selection. If your Standardized Procedures have not changed since last year, you may select this option and it will take you directly to the last page of the report. As in previous years, the 2014 format will allow the chief nurse and/or designee to edit, delete or make additions to the 2013 report. Updated instructions are attached for those of you who are new or need reminding how to complete the report.

Remember, **if your facility/agency belongs to a larger corporation, please check with your corporate nurse for direction.** The corporate nurse may be completing the report for all facilities/agencies in the corporation. *A copy of the report and directions are attached.*

FACILITY NEWS

Facility News is posted on ANHA's news website: news.anha.org.

Here are some of the articles posted this week:

- Nursing Home Resident Lives Lifelong Dream, Becomes Wrestling Star
- Birmingham Nursing Home Supports Community, Worthy Cause

To submit stories from your facility, contact John Matson at the Association Office at (334) 271-6214 or jmatson@anha.org.

OTHER NEWS

Nurse Aide Abuse Registry

Please note that the following individual has been placed on the Alabama Nurse Aide Abuse and/or Sanction Registry. This individual is prohibited from working in any long-term care facility. To check nurse aides, you can use the nurse aide web site at www.adph.org (Click on Contents A-Z - located in the dark blue at the top of the screen - then Click on Nurse Aide Registry - then Click in the white box and type in the Social Security Number of the person you are trying to find. Be sure and include the dashes in the SSN.)

| <i>Name</i> | <i>Effective Date</i> |
|----------------|-----------------------|
| Joseph Riddley | 5/28/14 |

Product Recall – Adult Portable Bed Handles

Please note that if your facilities use these portable "slip under the mattress" bed, they have been found to pose a significant risk for death in our elderly population. Please see the Consumer Product Safety warning attached below.

<http://www.cpsc.gov/en/Recalls/2014/Adult-Portable-Bed-Handles-Recalled-by-Bed-Handles-Inc/>

AHRQ Publishes New Infection Control Toolkit on KPC

The Agency for Healthcare Research and Quality (AHRQ) has published a toolkit to help hospitals control and prevent *Klebsiella pneumoniae* carbapenemase (KPC), a highly dangerous, antibiotic-resistant germ. AHRQ funded leading KPC researchers to develop the toolkit, which hospitals can use to control and prevent KPC outbreaks in their facilities.

AHRQ's toolkit, "Carbapenem-Resistant Enterobacteriaceae (CRE) Control and Prevention Toolkit," helps organizations implement guidelines from the Centers for Disease Control and Prevention (CDC), which define what health care organizations should do to prevent KPC. The toolkit is available at www.ahrq.gov/cretoolkit.

2014 Upcoming Alabama Board of Nursing Vacancies

The Board of Nursing will have three positions available beginning January 1, 2015. The positions, along with the names of the incumbents, are listed. Board members can only serve two consecutive terms. If the board member completes one term, the member is eligible for reappointment. The RN nominations go through the Alabama State Nurses Association (ASNA) Nominating Committee and two names for each position must be sent to the Governor for consideration.

Registered nurses interested in the Nursing Practice, or Advanced Practice position should complete an application and forward to the ASNA. *Do not send the application to the Board of Nursing. The deadline for the application to ASNA is July 15, 2014.*

Licensed Practical Nurses interested in the LPN position should contact the Alabama Federation of Licensed Practical Nurses. Two names of LPNs must be sent to the Governor for consideration.

Letters of support should only be sent to the Governor's office after the names are submitted by the ASNA Nominating Committee or AFLPN.

Registered Nurse Positions:

- Nursing Practice: administrative, clinical, staff development, continuing education, and other practice settings. Incumbent: Pamela Autrey, PhD, MBA, RN (not eligible for reappointment).
- Advanced Practice Nursing: position designated for an advanced practice nurse (CRNA, CRNP, CNM, CNS). Incumbent: Carol Stewart, CRNP, MSN (eligible for reappointment—plans to reapply).

LPN Position:

- AFLPN Nominee: Licensed Practical Nurse nominated by Alabama Federation of Licensed Practical Nurses. Incumbent: Greg Howard (not eligible for reappointment).

Questions about Time Commitment: Contact Genell Lee, ABN Executive Officer, at Genell.Lee@abn.alabama.gov.

Questions about Interview Process: Contact ASNA at 334-262-8321.

AQAF Offers INTERACT III Training

AQAF, Alabama's QIO, is offering INTERACT III training on the following dates:

- June 11 and 12 - Regions(s) 1 and 9 – AQAF offices, Birmingham
 - All training sessions are from 10:00 am to 3:00 pm.

INTERACT (Interventions to Reduce Acute Care Transfers) is a quality improvement program designed to improve the identification, evaluation and communication about changes in resident status. INTERACT's goal is to reduce the frequency of transfers to the acute hospital setting. Transfers to the hospital can be emotionally and physically difficult for residents, and result in numerous complications of hospitalization, and they are costly.

Suggestions for who should attend the INTERACT training:

- Appoint a Facility Champion for the INTERACT III implementation in your nursing home. It could be the DON, ADON, Quality leader, Administrator or other clinical leadership staff that can supervisor the process from a facility standpoint.
- Appoint a Lead CNA Champion to lead the efforts to implement and encourage the use of the STOP and WATCH communication tool.
- Appoint a Lead Nursing Champion to lead the efforts to implement and encourage the use of the SBAR communication tool.
- Appoint a Lead Champion to initialize the Quality Improvement tools, to track and measure admissions and readmissions by the month.

INTERACT training has been approved for three CEUs for nursing home administrators and four CEUs for nurses and social workers. This training has been endorsed by ANHA. To register go to www.aqaf.com/interact, or call Rose Finkelstein at (205) 970-1600, ext. 3107.

AHCA/NCAL Announces Convention General Session Keynotes

This year's AHCA/NCAL Annual Convention speaker lineup includes a national military commander and a heroic ship captain who inspired an Academy Award-nominated film. To hear them, sign up for the AHCA/NCAL 65th Annual Convention & Expo.

General Colin L. Powell (Ret.) is the Opening General Session keynote speaker. For over 50 years, he has devoted his life to public service. His deep commitment to democratic values and freedom has been felt throughout the world. Powell has received numerous military awards and decorations, as well as multiple civil awards including two Presidential Medals of Freedom, the President's Citizens Medal, the Congressional Gold Medal and the Secretary of Energy Distinguished Service Medal. In addition, he has received awards from over two dozen countries that include a French Legion of Honor and an honorary knighthood bestowed by H.M. Queen Elizabeth II of Great Britain. Hear what Powell has to say and get inspired.

Captain Richard Phillips, who came to national attention in April 2009 when Somali pirates hijacked his ship, will address attendees during the AHCA/NCAL Closing General Session & Awards Celebration. In April 2009, the world watched as Captain Richard Phillips became the center of an extraordinary international drama. A small gang of Somali pirates hijacked his ship, the *Maersk Alabama*, and ultimately, Phillips made a conscious decision to put himself in harm's way to save his 20-member crew by offering himself as a hostage. The drama that played out over the next five days kept American audiences glued to their television sets. His address will bring out the leadership and selfless qualities in each of us, and provide you with a renewed sense of purpose and energy to take back with you.

Register at www.AHCAconvention.org or www.NCALconvention.org. Early bird registration ends July 18.

CALENDAR OF EVENTS

| <u>Date</u> | <u>Event</u> | <u>Location</u> | <u>Time</u> |
|-------------|---|-----------------------------|-------------|
| June 16 | Seminar: Sexuality in LTC Environment | Hyatt Wynfrey Birmingham | 8:30 a.m. |
| June 20-21 | ANHA Senior State Games | Birmingham | |
| June 24 | ANHA Region I Act/SS Auxiliary Meeting RSVP: Kim Allred 256-352-9100 or 256-962-2261 Speaker: Ombudsman Shantelle Perkins | Logan's Decatur | 11:00 a.m. |

Alabama Nursing Home Association
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Links:
Alabama Nursing Home Association <http://www.anha.org>
AL Board of Examiners of Nursing Home Administrators <http://www.alboenha.state.al.us>
AL Dept. of Public Health <http://www.adph.org>
CMS <http://cms.gov>