



**Alabama Nursing Home Association  
2014 Mid-Year Convention  
April 28-May 1  
Perdido Beach Resort  
Orange Beach, Alabama**





# **Reserve Your Room Now**

## **Reservations:**

- . Call: 1-800-634-8001**
- . Visit: [www.PerdidoBeachResort.com](http://www.PerdidoBeachResort.com)**

**Use ANHA Group Code: 8680**

## **Rates for ANHA Attendees:**

- . \$174 per Standard/Double Room**
- . \$229 per Gulf Front Single/Double Room**

**To ensure availability, all participants are encouraged to make overnight reservations by March 28.**

**After March 28, rooms from ANHA's block which are not reserved will be released for general sales to the public and availability cannot be guaranteed.**

# Convention Schedule-at-a-Glance

## Monday, April 28

8:30 a.m. – 10:30 a.m.	ANHA Executive Board Meeting
11:30 a.m. – 5:00 p.m.	ANHA Golf Classic at Craft Farms
12:30 a.m. – 3:30 p.m.	Convention Registration
1:00 p.m. – 2:00 p.m.	Convention/Education Committees Meeting
2:30 p.m. – 5:45 p.m.	<b>Seminar: Understanding Resistance: Helping Elders and Their Families</b>
7:00 p.m. – 9:00 p.m.	Kickoff Reception

## Tuesday, April 29

8:00 a.m. – 11:00 a.m.	Convention Registration
8:00 a.m. – 9:00 a.m.	Continental Breakfast
8:30 a.m. – 11:45 a.m.	<b>Seminar: Just in Time for Summer - "Scorching Hot" Topics in Labor Law</b>
11:45 a.m. – 1:15 p.m.	Lunch on You Own
1:15 p.m. – 3:15 p.m.	<b>Seminar: Disaster Planning for Nursing Homes</b>

## Wednesday, April 30

8:00 a.m. – 11:00 a.m.	Convention Registration
8:00 a.m. – 9:00 a.m.	Continental Breakfast
8:30 a.m. – 11:45 a.m.	<b>Seminar: Membership has its Privileges: How ANHA Can Help Your Facility</b>
12:00 p.m. – 3:00 p.m.	Beach Bash Cookout

## Thursday, May 1

8:00 a.m. – 9:00 a.m.	Convention Registration
8:00 a.m. – 9:00 a.m.	Continental Breakfast
8:30 a.m. – 11:45 a.m.	<b>Seminar: Division of Health Care Facilities: Hot Topics and Electronic Plan of Correction</b>
11:45 a.m.	Convention Adjourns

## Continuing Education Units

The 2014 ANHA Mid-Year Convention has been approved for 14 CEU hours by the Alabama Board of Nursing Home Administrators, the Alabama Board of Social Work Examiners (Provider #0012). Approvals are pending for 14 CEU hours from the Alliance for Long Term Care Quality Improvement. The ANHA Mid-Year Convention has been approved for 16.8 contact hours for nurses. The Alabama Board of Nursing has approved the Alabama Nursing Home Association as a continuing education provider (Provider #ABNPO151 –expires 3/12/2017).

# Convention Details

Monday, April 28

8:30 a.m. - 10:30 a.m.

## ANHA Executive Board Meeting

The ANHA Executive Board will hold its monthly meeting. ANHA members are invited to attend.

11:30 a.m. – 5:00 p.m.

## ANHA Golf Tournament

New for 2014, the golf tournament will feature modified scrambled play. It will be held on Craft Farms' Cotton Creek Golf Course in Gulf Shores. The fun begins at 11:30 a.m. with a cookout lunch. The tournament begins at 12:30 p.m. with a shotgun start. Golfers will need to register separately for this event. Please see page 11 for more details.

### Golf Tournament Co-sponsors:



RESTORE  
THERAPY  
SERVICES



12:30 p.m. – 3:30 p.m.

## Convention Registration

Convention attendees can pick up their information packets. On-site registration will be available, and ANHA staff members will be available to answer questions regarding the convention.

1:00 p.m. – 2:00 p.m.

## ANHA Convention/Education Committees Meeting

The ANHA Convention and Education Committees will meet to plan for future educational seminars and the 2013 ANHA Annual Convention.

### Nametags & Lanyards sponsor:



### Hotel Room Keys sponsor:



### T-shirt sponsor:



### Beach Towel sponsor:



# Convention Details

Monday, April 28

2:30 p.m. – 5:45 p.m.

## Seminar: Understanding Resistance: Helping Elder and Their Families

Resistance can be a “normal way” to cope with change or transition. Most people at some point in their lives experience resistance. However, for many *elders*, resistance is a way for them to attempt to stay in control and exert their independence. And for *elders with dementia*, it can be a behavior or set of behaviors that develop as a result of being asked to do a task or partake in something they may not understand. Resistance for *families* often presents when they may be in denial, experiencing conflict or just feel completely overwhelmed and exhausted. This workshop will help participants find ways to more effectively cope with resistance and navigate around it.

Participants will be able to: define what is meant by resistance and challenging behaviors, list at least three reasons elders and their families may present with resistance, list at least three reasons elders with dementia may present with resistance, identify at least three family systems strategies for helping elders and their families work through resistance, describe at least three ways to help ease families and elders when resistance or behavioral.

### Seminar & Break Co-sponsors:



Robinson-Adams Insurance

Arthur J. Gallagher Risk Management Services, Inc.



ASSOCIATED LONG TERM CARE  
INSURANCE COMPANY, INC.

7:00p.m. – 9:00 p.m.

## Kickoff Reception

Join us for heavy hors d'oeuvres and lots of fun visiting with friends and colleagues. The reception is casual dress. Registration is required by all guests and spouses.

### Kickoff Reception Co-sponsors:



IntegraCare  
Pharmacy



NORMAN, WOOD,  
KENDRICK & TURNER

ATTORNEYS AT LAW

Tuesday, April 29

8:00 a.m. – 11:00 a.m.

## Convention Registration

ANHA's Convention Registration Desk will be open and staff will be available to answer questions.

8:00 a.m. – 9:00 a.m.

## Continental Breakfast

This casual continental breakfast is scheduled to begin at 8:00 a.m. It is available to fully registered convention attendees and educational session registrants only.

# Convention Details

Tuesday, April 29

8:30 a.m. – 11:45 a.m.

## Seminar: Just in Time for Summer – “Scorching Hot” Labor Law Topics

Federal agencies have turned up the heat on employers, changing the landscape of labor and employment law. Laws now provide greater employee protections, federal agencies are stepping up enforcement and labor unions are aggressively organizing. All these developments can throw employers from the frying pan into the fire. To help you stay cool, this session will address “scorching hot” labor and employment law issues that have the potential to significantly impact your business:

- Documentation of employee problems is important. We’ll address what issues need to be documented, what information should be included and give examples of poor documentation.
- No other federal employment statute generates as many questions and concerns than the Family and Medical Leave Act. We will assist you in identifying and resolving FMLA issues, including interaction between FMLA and ADA.
- Organized labor is aggressively attempting to organize employees. We will review recent changes to the law and provide strategies to ensure you never face a union organizing effort.

### Seminar & Breakfast Co-sponsors:



1:15 p.m. – 3:15 p.m.

## Seminar: Disaster Planning for Nursing Homes

Hurricanes, flooding, tornadoes, snow/ice storms, wildfires and terrorism are examples of disasters that impact our lives. The importance of planning for a disaster becomes even more critical when we consider the number of residents we care for in our nursing homes. It is essential that we are ready to respond to a disaster that could endanger the lives and property of our residents, staff, and facility. The time to prepare is now, before a crisis. Please join us as we discuss global and administrative aspects of disaster planning. Included in the discussion will be disaster requirements, i.e., in-services, drills, planning development, etc. Participants will be able to list ways to prepare staff, residents and families for potential disasters and describe how to conduct an effective disaster drill.

### Seminar & Break Sponsor:



# Convention Details

Wednesday, April 30

**8:00 a.m. – 11:00 a.m.**

## **Convention Registration**

ANHA's Convention Registration Desk will be open and staff will be available to answer questions.

**8:00 a.m. – 9:00 a.m.**

## **Continental Breakfast**

This casual continental breakfast is scheduled to begin at 8:00 a.m. and is available to fully registered convention attendees and educational session registrants only.

**8:30 a.m. – 11:45 a.m.**

## **Seminar: Membership has its Privileges: How ANHA Can Help Your Facility**

We all know how it feels to lose control of our day. Sometimes situations occur that we just don't know how to handle. Whether it be a survey issue, a reporter breathing down your neck, or an audit request, these situations can make you feel like you are spinning out of control. Those thoughts can result in doubts about yourself as a professional and foster a lack of confidence in your abilities. Ever wonder who you can call to help troubleshoot an issue or get that much needed phone number or form? This session will show you how the Alabama Nursing Home Association can assist you. Listen closely to learn how to take full advantage of ANHA's member benefits. Participants will be able to list ANHA resources available to assist them in handling difficult administrative issues within their facility and describe best practices to for cultivating a positive public perception of their nursing and how to handle challenging media inquiries.

### **Seminar & Breakfast Co-sponsors:**



**Omnicare**  
omnicare.com

**12:00 p.m. – 3:00 p.m.**

## **Beach Bash Cookout**

The Beach Bash is going "south of the border." Join your friends and colleagues for this Mexican Fiesta by the beach. The event featured a frozen drink station and beer hut.

**Beach Bash Cookout Sponsor:**



*Healthcare Services Group, Inc.*

# Convention Details

Thursday, May 1

**8:00 a.m. – 9:00 a.m.**

## **Convention Registration**

ANHA's Convention Registration Desk will be open and staff will be available to answer questions.

**8:00 a.m. – 9:00 a.m.**

## **Continental Breakfast**

This casual continental breakfast is available to fully registered convention attendees and educational session registrants only.

**8:30 a.m. – 11:45 a.m.**

## **Seminar: ADPH Division of Health Care Facilities: Hot Topics**

The Alabama Department of Public Health (ADPH) has announced that the Centers for Medicare and Medicaid Services (CMS) will allow Alabama to be the fourth state in the nation to implement the electronic plan of correction (ePOC) process for certified nursing home providers. This process will allow the ADPH to send the statements of deficiencies to the provider electronically. The provider will then submit the plan of correction to ADPH electronically. Communication will be facilitated through the use of e-mail correspondence. Staff from ADPH's Division of Health Care Facilities will update us on issues that affect long term care providers and more about the e-POC process. By the end of this program, attendees will learn how to overcome survey issues and gain knowledge about the e-POC process and how to effectively and efficiently complete an e-POC.

### **Seminar & Breakfast Co-sponsors:**



**MILLENNIUM**  
RISK MANAGERS, LLC

**11:45 a.m.**

**Convention Adjourns**



# Speaker Biographies

## Monday, April 28

### **Understanding Resistance: Helping Elders and their Families**

**Nancy L. Kriseman, L.C.S.W.**, has worked with elders and their families for over 30 years. Nancy is in private practice counseling caregivers and presenting workshops on caregiving and dementia across the country. She is the author of *The Caring Spirit Approach to Eldercare: A Training Guide for Professionals and Families*. Her upcoming book, *The Mindful Caregiver: Finding Ease in the Caregiving Journey* was released in February.

## Tuesday, April 29

### **Labor and Employment Law Update**

**Lynlee Wells Palmer** is a member of the Labor & Employment practice group with Gilpin Givhan. Her practice focuses on employment counseling & litigation and regulatory compliance. Representing management in all aspects of labor and employment law, Lynlee regularly advises employers on federal and state employment laws, including employment discrimination and retaliation, harassment, wage and hour issues, employee leave issues, employment policies and procedures and wrongful discharge.

**Spencer A. Kinderman** is a member of the Labor & Employment practice group with Gilpin Givhan. His practice is focused exclusively on representing employers in labor and employment related legal matters, including employment litigation, employment counseling, labor relations and union avoidance, regulatory compliance and workplace health and safety. He routinely represents employers before state and federal administrative agencies such as the EEOC, NLRB, DOL, OSHA, OFCCP and ICE, assisting employers with agency investigations and responding to administrative charges.

## Tuesday, April 29

### **Disaster Planning for Nursing Homes**

**Michael Arther, NHA**, is a graduate from Jacksonville State University with a B.S. in Industrial Technology with a concentration in occupational Safety and Health. Mr. Arther is owner of MCA Consulting, LLC which is an Occupational Safety/Health, Life Safety and Workers Compensation Management Consulting Company for healthcare and general industry.

## Wednesday, April 30

### **Membership has its Privileges: How ANHA Can Help Your Facility**

**Bill O'Connor, BA, MA**, joined the Alabama Nursing Home Association as Executive Director in 2013. Bill has worked in the communication, education and political arenas for over four decades. He has served as Executive Director of the Alabama Press Association, Vice Chancellor for External Affairs at the University of Alabama System and President & CEO of the Business Council of Alabama.

**Katrina Magdon, BSBA, MPA, CAE**, joined ANHA in 1987, and is currently Director of Professional Development and Regulatory Affairs. She is also Executive Secretary of the Alabama Board of Examiners of Nursing Home Administrators. Katrina is chairman of the National Association of Board of Examiners for Long Term Care Administrators' Professional Practice Analysis Task Force.

**John Matson, BA, APR**, joined ANHA as Communications Director in 2008. He also serves secretary and treasurer of the ANHA Education Foundation. John is vice-president of the American Health Care Association's Society of Long Term Care Communicators.

## Thursday, May 1

### **ADPH Division of Health Care Facilities: Hot Topics**

This seminar will feature speakers from the Alabama Department of Public Health's Bureau of Health Provider Standards. The speakers will be confirmed at a later date.

# New: Modified Scramble Golf Tournament

## Craft Farms Golf Course

**Monday, April 28**

**11:30 a.m.**

**Cookout before Play**

**12:30 p.m.**

**Shotgun Start**

Co-sponsors:



**RESTORE  
THERAPY  
SERVICES**

## Details: Modified Scramble Play

**Golf Merchandise Prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Places**

**Closest to the Pin**

**Longest Drive**

**Straightest Drive**

## Entry Fee

**See Registration Form**



**Please register separately**

**Tournament not included in full or social packets**

# Important Deadlines to Remember

## Early-Bird Registration

**April 11, 2014**

Deadline for reduced “early-bird” registration prices. Registrations must be postmarked and paid in full by this day for “early-bird” prices to apply.

## Pre-Registration Deadline

**April 18, 2014**

Deadline for all Convention Pre-Registrations. All convention registrations or changes after this date must be made on-site at the ANHA Mid-Year Convention and will be accepted subject to space availability.

## Hotel Group Discount Deadline

**March 28, 2014**

Make overnight reservations prior to this date to ensure overnight prices and availability at the host hotel, the Perdido Beach Resort.



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(334) 244-6509 fax  
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