



**Attention: Nursing Home Administrators and Directors of Nursing**

The 11<sup>th</sup> Annual Alzheimer's Professional and Caregiver Conference will be held in Montgomery on Friday, August 2, 2013 featuring Teepa Snow. Alzheimer's Education, Resources and Services would like to extend to your facility **two registrations** for this conference at **no charge**. Continuing Education Unit Hours have been approved for the conference (please see registration information for number of Continuing Education Unit Hours per discipline).

I hope that you will read the attached conference information and take advantage of this training opportunity for your staff. For out of town facilities I have attached motel rates in the area. If you have any questions or if I can be of assistance in any way please do not hesitate to contact me.

Sincerely,

*Nancy McLain*

Nancy McLain  
Alzheimer's Education, Resources and Services  
P.O. Box 231266  
Montgomery, Alabama 36123  
(334) 233-2139

**Alzheimer's Education, Resources and Services, P.O. Box 23166, Montgomery, Al 36123  
Phone: 334-233-8937 or 334-233-2139 Fax: 334-819-7775**

*AERS is a 501(c)3 nonprofit organization*

# **11<sup>th</sup> Annual Alzheimer's Professional & Caregiver Conference**

*Sponsored by Alzheimer's Education, Resources and Services*



## **What WE Can Do to Make a Difference** *Teepa Snow, MS,OTR/L,FAOTA*

Teepa Snow is a strong voice and advocate for people living with dementia. The focus of all of her training and work is to help care providers, family members and professionals better appreciate and value the world from the perspective of the person living with dementia. For the past 5 years she has presented over 350 programs each year across the US and Canada. She has received awards for her clinical and teaching skills from a wide variety of organizations.

**Friday, August 2, 2013**  
**Registration 7:00 am /Conference 8:00 am/4:00 pm**

**Frazer United Methodist Church**  
**6000 Atlanta Highway**  
**Montgomery, Alabama 36117**

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**Conference Topics**  
**Presented by Teepa Snow, MS,OTR/L,FAOTA**

**Registration 7:00 am – 8:00 am**

**8:00 am – 8:30 am – Welcome – Dr. Walter T. Geary**

**8:30 am – 10:00 am – *The Latest in Screening and Assessment: Options and Value***

This session is designed to help those who are either charged with screening or assessing elders for cognitive changes OR those who may be concerned and want to “know what to look for” when they are working with or spending time with an elder. It will provide information on newer screening tools and assessment protocols that are available.

**10:00 am – 10:30 am - Break**

**10:30 am – 12:00 pm – *Changing Resistance to Participation – Focusing on What WE Can Do Differently to Make a Difference*** - This session is designed to help dementia care providers consistently use a structured problem solving strategy when confronted with behavioral symptoms that frequently accompany many forms for dementia at various points during progression prior to using pharmacological intervention as a first response. The primary goal of the session is to provide a comprehensive, but quick way to explore all possible causes for new onset of symptoms with care providers so that the root cause(s) of the behaviors are highlighted and interventions are targeted that treat what is really wrong, not just the surface symptoms.

**12:00 pm – 12:45 pm - Lunch**

**12:45 pm – 2:15 pm – *How Does the Environment Affect Abilities and Behaviors?***

Our physical and social environment impacts every aspect of our behavior. It has an even stronger influence on the person living with dementia. This session will explore the role that the environment has on the person’s ability to participate actively in life as well as its impact on more problematic and frustrating behaviors. Emphasis will be placed on helping caregivers recognize the role that visual, auditory, and temperature cues play in triggering both the positive and problematic behaviors.

**2:15 pm – 2:30 pm - Stretch Break**

**2:30 pm – 4:00 pm –*Developing Activities that have Meaning and Work***

This workshop will help family members and direct caregivers develop and offer activity programs that are appropriate and effective when someone is living with dementia. The session will help the learners to better understand activities regarding their skill demands and value for the person. Emphasis will be placed on providing caregivers with some ideas for key types of activities that would promote interaction and engagement while reducing distress and isolation.

**The following Continuing Education Contact Hours **have been approved:** Nursing – 7.25, Social Workers – 6.0 (AlaCare is approved as a provider of continuing education in Nursing by the Alabama State Board of Nursing – Provider No. ABNP0211, Expiration date of provider number – Aug. 16, 2013 and Social Work by the Board of Social Services – Provider No. 0015, Expiration date of provider number Apr. 30, 2014.) Assisted Living Administrators – 6.0 (6.0 hours may be applied toward the Category II requirement for cognitive impairment/dementia education) approved by the Alabama State Board of Examiners for Assisted Living Administrators and Nursing Home Administrators – 6.0 – approved by the Alabama State Board of Examiners for Nursing Home Administrators**

**For More Information Contact Nancy McLain – 334-233-2139**

**CONFERENCE REGISTRATION**

**Two registrations per Nursing Home at no charge  
Registrations MUST be received by July 26th**

<b>Last Name</b>	<b>First Name</b>	<b>Home Phone</b>	<b>Email Address</b>	
<b>Mailing Address</b>		<b>City</b>	<b>State</b>	<b>Zip Code</b>
<b>Work Place</b>		<b>Position</b>	<b>Work phone</b>	
Need CEUs for _____		Amt. Enclosed _____		
(Please specify Discipline) (Registration includes lunch and breaks)				

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Need CEUs for _____		Amt. Enclosed _____		
(Please specify Discipline) (Registration includes lunch and breaks)				

**Registrations may be mailed or faxed to AERS**

**Fax #: 334-819-7775**

**or**

**Mail to: Nancy McLain  
Alzheimer's Education, Resources and Services  
P.O. Box 231266  
Montgomery, Alabama 36123**

## *2013 Partners in Care*

*“Alone we can do so little, together we can do so much”, Helen Keller.*

*Without community support AERS would not be able to provide services to Alzheimer’s victims and their families. We thank our partners for supporting Alzheimer’s education, resources and services in 2013.*



### *Alzheimer’s Education, Resources and Services*



### *Conference Lunch and Break Sponsors*

- Adams Drugs*
- Capitol Hill Health and Rehab*
- Cloverdale First United Methodist Respite Care*
- Rehab Select - Hillview Terrace*
- Waterford Place Specialty Care*

*Thank you for caring*